

## [Here Is What You Should Do If You Hit Your Head in An Accident](#)

Friday, December 2, 2022.

After a car accident, the first thing you should do is seek medical attention to understand how severe your injuries are. Next, you can file a personal injury claim and contact an attorney to protect your rights. If necessary, you can also file a car accident lawsuit.

### **After a car accident, get prompt medical attention for any head injuries.**

You may hit your head and feel fine. After a concussion, it can take days to weeks for symptoms to appear. The Mayo Clinic reports that traumatic brain injuries (TBIs) can become serious if not treated properly. Don't wait until the symptoms worsen before getting help; get evaluated today, and identify any problems so they can be prevented from becoming serious.



Mayo Clinic reports that after some symptoms of a head injury, the individual should visit their doctor. Symptoms. Common symptoms associated with brain injury are physical, sensory, cognitive, and behavioral.

Even if you didn't injure your brain, you can still get a facial or dental injury. This might require medical attention to avoid scarring and disfigurements.

When you've been in an accident, determining if your injuries are severe can be complicated. You may need to see specialists, such as neurologists and therapists, and undergo diagnostic testing. However, this might cause you to worry about the costs. For most head injuries-though not all-you will need some type of medical care and it can end up costing a lot of money. So don't let monetary worries keep you from getting checked out! There are many treatment options for TBIs (including supplemental insurance) that can help offset these high costs.

Doctors can mitigate risk by providing proper care and instigating prevention strategies before an injury becomes more complicated. Furthermore, if you're injured in an accident even if it didn't involve any fault on your behalf, you can potentially recover lost expenses through a personal injury claim or lawsuit. Visiting a doctor as soon after your injury occurs could actually help preserve your right to file a lawsuit against another party who is negligent in the actions which caused the injury.

In addition to addressing your needs and preventing complications, receiving medical care creates tangible evidence of your injury in the form of:

- Prescriptions
- Specialist consultations
- Scans
- Diagnostic tests
- Office visits
- Treatment plans

These items not only treat your injuries but they provide solid evidence if you ever need to prove your case. TBI symptoms are subtle yet invasive, preventing you from working for long periods, making it hard to multitask, and more. It can be difficult to prove that these troubles exist, especially as opposed to a broken bone where physical evidence is clear. So obtaining documentation that you sought treatment establishes that you were injured in the first place.

Even so, if you didn't realize how badly you were injured and waited before seeking help, the evidence isn't lost. A lawyer still has other ways of showing what's going on with your injuries--for example through testimony from friends and family or reports from work--to demonstrate that something wasn't right early after the injury happened.

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